

Making Decisions

Unit Goals and Objectives

- ▶ **Recognize** that different people make different decisions in the same situation.
- ▶ **Identify** common external influences on decision-making.
- ▶ **Describe** the 3 Cs method for making decisions.
- ▶ **Apply** the decision-making method to a variety of situations.

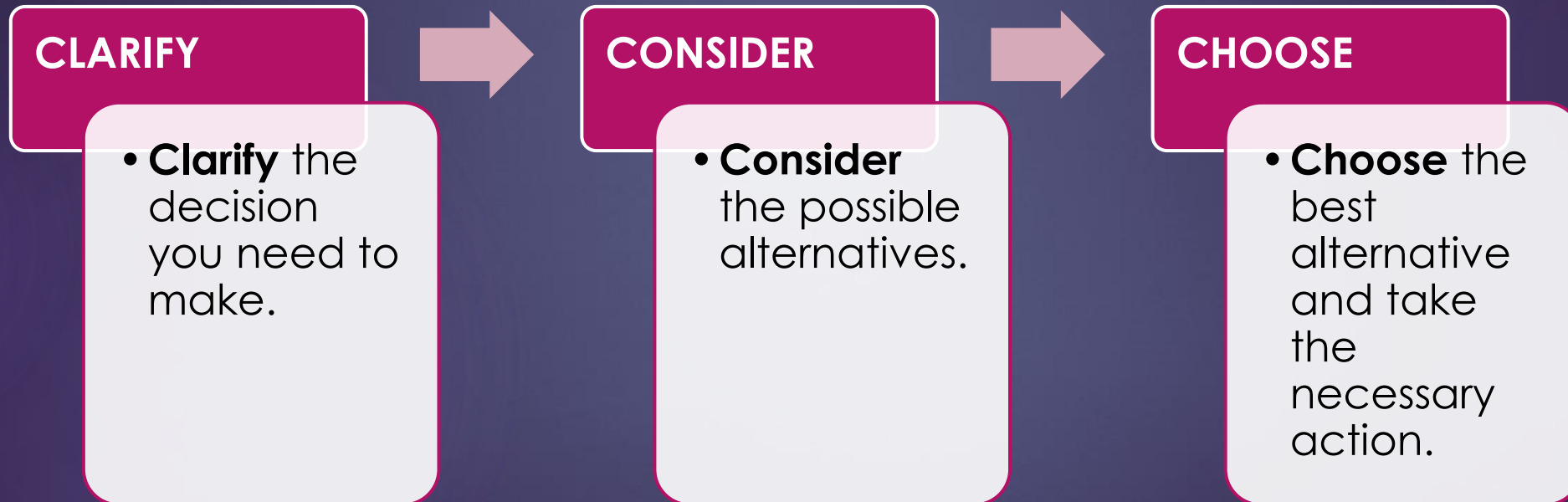




The 3 Cs of Effective Decision Making

7TH AND 8TH GRADE

What are the 3 Cs?



Clarify

- ▶ Clearly state the decision to be made or the problem to be solved.
 - ▶ What do I need to decide?
 - ▶ What is the problem?



Consider

- ▶ Consider the possible alternatives and the consequences or likely outcomes of selecting each one.
 - ▶ Collect any additional information needed.
 - ▶ Think of as many solutions as possible.



Choose

- ▶ Choose the best alternative needed and take the necessary action to implement the decision or solution.
 - ▶ Are you satisfied with your decision?



Scenario

- ▶ One of your friends begins to smoke cigarettes. Whenever you are together, your friend smokes. Even though you do not want to smoke, your friend begins pressuring you to smoke.



Apply the 3 Cs



CLARIFY THE PROBLEM



CONSIDER POSSIBLE CHOICES
AND CONSEQUENCES



CHOOSE MY DECISION